

A man and a woman are jogging on a paved path in a park. The woman is on the left, wearing a light blue and black jacket and black pants. The man is on the right, wearing a dark blue and orange jacket with a heart rate line graphic and black pants. They are both smiling and looking towards each other. The background shows trees with autumn foliage and a body of water on the left.

LIVEA XPRESS

Livea

livsstil & vektreduksjon

NED I VEKT?

Livea Xpress er et åtte ukers vektreduksjonsprogram med fokus på trening og riktig kosthold. Programmet passer for deg som ønsker å gå ned 5-10 kilo.

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